

# Cape Ice Rink Hockey Player & Spectator Code of Conduct

**Players** are encouraged to develop a deep sense of respect for all (opponents and officials) while endeavoring to enjoy the sport and improve their playing ability. Each player is expected to use proper skill and technique when engaging in any type of body contact.

- Play for fun.
- Work hard to improve your skills.
- Be a team player – get along with your teammates.
- Learn teamwork, sportsmanship and discipline.
- Learn the rules and play by them. Always be a good sport.
- Respect those around you: your coach, your teammates, spectators, opponents and officials.
- Never argue with an official's decision.
- Do not engage in any form of abusive behavior toward any other person.
- Understand your rights to play in an environment free from harassment and/or abuse in any form. Report any such incidents immediately.

**Spectators** are encouraged to support their teams while showing respect for all players, coaches, officials, and other spectators.

- This is meant to be fun. Do not engage in any action that reduces the fun for players and other spectators.
- Encourage players to play by the rules. Be a good example.
- Do not embarrass yourself and your team by yelling at players, coaches, officials, spectators or other parents. By showing a positive attitude toward the game and all of its participants, your team will benefit.
- Know and study the rules of the game and support the officials on and off the playing field. Any criticism of the officials only hurts the game.
- Applaud a good effort in both victory and defeat, and enforce the positive points of the game. Never yell or abuse your team at any time – it is destructive. Work towards eradicating all forms of abuse in sports - especially youth sports.
- Be curious, not furious. Ask questions if you have them.
- Assume good intentions by coaches, officials. They are volunteers and do it for the love of game. They make mistakes, but are trying to do the best they can.

**Strike System: Any player or spectator who exhibits unacceptable behavior as deemed by a rink supervisor or official will automatically sit out the next game. A second strike will lead to exclusion from the remainder of the event. Third violation will lead to Cape Ice Rink skating privileges being removed for the season.**